## OCTOBER 2021

## Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 Stuffed crust pizza Corn Milk choice Fruit cup	Panther Salads Or Pretzel with cheese Yogurt Fresh cut vegetables Milk choice Fruit cup	Taco salad Lettuce, cheese Corn on the cob Milk choice Orange juice Cookie	Corn dog Loaded potato wedges Milk choice Fruit cup	1 Chicken club sandwich Sliced tomatoes Au Gratian potatoes Milk choice Cantaloupe
4 Cheese coneys Smile fries Baked beans Milk choice Fruit cup	5 Panther Salad Or Chicken legs Macaroni and cheese Milk choice Fruit cup	6 MANAGER'S CHOICE	7 SCHOOL CLOSED	8 SCHOOL CLOSED
11 Beef and cheddar sandwich Curly fries Cheese sauce Milk choice Fruit cup	Panther Salad Or El Monterey chicken &cheese Taquito Queso sauce Fiesta corn Milk choice Fruit cup	School spaghetti sauce Tossed salad Corn bread Milk choice Orange juice Applesauce cake	14 Cheeseburger French fries Sliced tomatoes, onions and pickles Milk choice Fruit cup	Grilled cheese Green beans Pickle spear Milk choice Fresh grapes
18 Pizza Sticks Broccoli Milk choice Fruit cup	19 Panther Salad Or Chicken drum stick or Chicken tenders Mashed potato bites Milk choice Fruit cup	Chicken fettuccine alfredo Tossed salad Bread sticks Milk choice Orange juice Cheese cake	Or Santa Fe wrap	22 Pizza Corn on the cob Cheese stick Milk choice Peaches and grapes
25 Mini corn dogs Baked beans Milk choice Fruit cup	26 Panther salad Or Taco bites Salsa, cheese Corn Milk choice Fruit cup	Chicken Mashed potatoes Gravy Peas and carrots Milk choice Orange juice Cookie	28 Soft tacos Shredded lettuce Cheese, diced tomatoes and onions Corn on the cob Milk choice Fruit cup	Spooky spaghetti Spaghetti sauce Goblin meatballs Witches broom stick breadsticks Tossed salad Milk choice Fruit cup

## **Reminders**

Fresh cut fruits and vegetables daily

Uncrustables - when available.
Chili and chef salad offered daily

For a FREE student meal, the tray must have either a fruit or vegetable on them or both and 3 out of 5 food Groups

Pick 3 out of the 5
food groups or better
yet take all 5!
Extra items are
available to purchase,
these items meet the
USDA Smart Snack
Program
Menu subject to

change without notice

"This institution is an equal opportunity provide

