

OCTOBER | 2019



Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30 chicken fajitas sautéed onions and peppers steamed corn orange juice milk choice</p>	<p>1 panther salad or meatball sub hash browns green beans fruit milk choice</p>	<p>2 chili spaghetti cheese oyster crackers tossed salad orange juice milk choice ice cream</p>	<p>3 cheeseburger sliced onions, tomatoes baked beans french fries fruit cup milk choice</p>	<p>4 calzone Italian vegetables fruit cup milk choice</p>
<p>7 pulled pork bbq sandwich cole slaw, relish au gratin potatoes orange juice milk choice</p>	<p>8 panther salad or weiner winks baked beans macaroni and cheese fruit cup milk choice</p>	<p>9 MANAGER'S CHOICE</p>	<p>10 NO SCHOOL</p>	<p>11 NO SCHOOL</p>
<p>14 spicy or regular chicken sandwich sweet potato fries orange juice milk choice</p>	<p>15 panther salad or steak hoagie broccoli salad roasted red potatoes fruit cup milk choice</p>	<p>16 lasagna tossed salad garlic bread orange juice milk choice cheese cake</p>	<p>17 turkey, bacon and cheese sub or crisпитos salsa, cheese tater tots fruit cup milk choice</p>	<p>18 cheese or pepperoni pizza corn on the cob cheese stick fruit cup milk choice</p>
<p>21 grilled cheese pretzel bun tomato soup green beans orange juice milk choice</p>	<p>22 panther salad or taco salad steamed corn fruit cup milk choice</p>	<p>23 ham dinner green beans and potatoes gravy dinner roll orange juice milk choice jello cup</p>	<p>24 santa fe wrap or chicken club sandwich waffle fries sliced tomatoes fruit cup milk choice</p>	<p>25 French bread steamed corn fruit cup milk choice</p>
<p>28 chicken drum stick macaroni and cheese green beans orange juice milk choice</p>	<p>29 panther salad or corn dog hash browns fruit cup milk choice</p>	<p>30 cheese coney baked beans tater tots orange juice milk choice</p>	<p>31 chicken nuggets green beans scalloped potatoes fruit cup milk choice cookies</p>	<p>1. chili cheese wraps french fries salsa, cheese fruit cup milk choice</p>

News

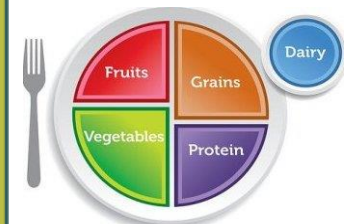
***Fresh cut fruits and
vegetables daily***

***pb&j sandwich M-TH
uncrustable Friday only
chili and salad offered
daily***

For a FREE reimbursable student meal, the tray must have either a fruit or vegetable on them or both and 3 out of 5 food groups

***Pick 3 out of the 5 food
groups or better yet
take all 5!***

**menu may change
without notice**



"This institution is an equal opportunity provider"