

LHS CAREER ACTIVITIES: PLANNING FOR YOUR FUTURE!

Complete the [YouScience](#) series of brain games to discover your Career Aptitude. Spend some quiet time, with no distractions, completing the timed series of games/activities. Once this is completed, students will be able to analyze his/her career aptitude. They will receive personalized information about their personality and aptitude as well as a list of careers that are a good match to the aptitude and interests.

What is APTITUDE?

Think of it as your innate qualities, sort of how you are hard-wired. This is different from your interests or skills. It is not "how smart" you are. Usually by high school, your aptitudes are pretty stabilized. YouScience matches your aptitude strengths with possible jobs that require those same strengths.

How do I get started on YouScience?

Check your email for an invitation from YouScience. You can also check out the information and link on our school webpage.

Once on our webpage, go to Students > YouScience > Click the logo

Complete the first round of brain games. These take 60-90 minutes, but you can break it up and not take them all at once. Once you complete them, your profile results will be ready in about 24-48 hours. Log back in to check them out! Learn more about some of the careers by clicking on them.

If you completed the first series of games in the past and want to enhance your results, you can click to complete more brain games!

A GOAL
WITHOUT
A PLAN
IS ONLY
A DREAM

Try These Interactive Experiences!

- > Attend the virtual Junior Achievement Inspire field trip! It opens live on February 9th and runs through May 9th. Use the access code from Mrs. Johnson/Mrs. McMillen to log in and check it out! Use the [JA Inspire Guidebook](#) too!
- > Want to participate in a "career experience"? Create your account on [MyCareerE3](#) to explore local opportunities like job shadowing, internships, virtual experiences, interviews, and much more! Create an account and begin your exploration today!

Update Your Results in Naviance

Naviance is your very own portal where you can house everything about YOU! Bookmark your favorite careers and interests after you've researched them in YouScience. Research and bookmark your favorite colleges. Research and bookmark possible scholarships. You can also take more assessments to learn about YOU. They have assessments on your learning style, personality traits, your strengths, and your career interests. Explore Roadtrip Nation and watch videos to learn more about careers! Finally, they have a huge ACT Practice portal where you can sharpen your ACT skills before test day!

How do I get to Naviance?
Log in through Clever on our webpage!
Students > Clever

Want to attend an off-campus program while you're a junior and/or senior? Check out all of these [FREE career-training and early college programs](#) available to Ludlow High School students!

See Mrs. McMillen or Mrs. Johnson for details.
Sign up during course scheduling in the spring!